

Cozy Corner Worksheet (Minimalist)

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1. YOUR COZY CORNER INTENTION

Write your intentions for the space.

2. FINDING THE RIGHT SPOT

Reflect on where you feel naturally calm.

3. SEATING & COMFORT NEEDS

Choose seating that supports rest.

4. DESIRED ATMOSPHERE

Lighting, textures, natural elements that create calm.

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5. TECH-FREE ZONE PROMPTS

Identify habits to reduce and where devices will be placed.

6. FUNCTIONAL ADDITIONS

Books, journal, blanket, table.

7. VISUAL BOUNDARIES & LAYOUT

Use rugs, plants, or simple divisions.

8. DAILY QUIET-MOMENT PROMPTS

Reading, breathing, reflection.

9. MAINTENANCE REFLECTION

What keeps the space peaceful.

10. FINAL VISION STATEMENT

Capture how you want this space to feel.